



## WYCKOFF SCHOOL OF DANCE

# Adult Classes – Fall 2010 Session

### **Adult Tap/Jazz Combo**

Wednesday 7:30pm-8:30pm, September 22<sup>nd</sup> – November 8<sup>th</sup>

*An adult Tap and Jazz combination class taught by our fabulous former Rockette Miss Jean*

### **Ballroom Dancing**

Friday 7:00pm-8:00pm, October 1<sup>st</sup> – October 29<sup>th</sup>

*You and your partner will learn how to dance. Choose from Dance styles:*

- Fox Trot
- Waltz
- Tango
- Swing
- Rhumba
- Salsa
- Cha Cha
- Hustle.

September 24<sup>th</sup> is a complimentary introductory class offered to all of our clients.  
Call to register 201-848-8350 – Space is limited!

### **Salsa/Merengue**

Tuesday 7:30pm-8:30pm, September 21<sup>st</sup> – November 9<sup>th</sup>

*A Latin Jazz exercise class which combines Salsa and Merengue steps in a Jazz class format while providing a cardio and core work out.*

### **Yoga**

Wednesday 7:00pm-8:00pm, September 22<sup>nd</sup> – November 10<sup>th</sup>

Thursday 10:00am-11:00am, September 23<sup>rd</sup> – November 11<sup>th</sup>

*Yoga is a system of breathing practices, physical exercises and postures, and meditation.*

### **Zumba**

Monday 8:00pm-9:00, September 20<sup>th</sup> – November 8<sup>th</sup>

Friday 10:00-11:00, September 24<sup>th</sup> – November 12<sup>th</sup>

*A dance fitness program which fuses Latin and International music with dance to make exercise fun*





## Adult Registration Form – Fall 2010 Session

Name \_\_\_\_\_ Email address \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

***Please check session choices***

\_\_\_\_\_ **Adult Tap/Jazz Combo**  
*Wednesday 7:30pm-8:30pm (September 22<sup>nd</sup> – November 10<sup>th</sup>)* **\$ 160**

\_\_\_\_\_ **Ballroom**  
*Friday 7:00pm-8:00pm (October 1<sup>st</sup> – October 29<sup>th</sup>)* **\$ 160**  
 Please number 1-8 by dance Preference:  
 \_\_\_\_\_ Fox Trot \_\_\_\_\_ Waltz \_\_\_\_\_ Tango \_\_\_\_\_ Swing  
 \_\_\_\_\_ Rhumba \_\_\_\_\_ Cha Cha \_\_\_\_\_ Salsa \_\_\_\_\_ Fox Trot

\_\_\_\_\_ **Salsa/Merengue**  
*Tuesday 7:30pm-8:30pm (September 21<sup>st</sup> – November 9<sup>th</sup>)* **\$ 160**

\_\_\_\_\_ **Yoga**  
 \_\_\_\_\_ *Wednesday 7:00pm - 8:00pm (September 22<sup>nd</sup> – November 10<sup>th</sup>)*  
 \_\_\_\_\_ *Thursday 10:00am-11:00am (September 23<sup>th</sup> – November 11<sup>th</sup>)* **\$ 160**

\_\_\_\_\_ **Zumba**  
 \_\_\_\_\_ *Monday 8:00pm-9:00pm (September 20<sup>th</sup> – November 8<sup>th</sup>)*  
 \_\_\_\_\_ *Friday 10:00am-11:00am (September 24<sup>th</sup> – November 12<sup>th</sup>)* **\$ 160**

Total \_\_\_\_\_  
 Registration Fee: **\$ 10**

Total Fee \_\_\_\_\_

**Release:**

I understand that I am taking part in a physical activity and there is a possibility of injury; therefore I grant permission to medical staff to administer me immediate treatment should I be injured. I also agree to hold harmless the Wyckoff School of Dance, Inc., its officers, agents, and employees from and against any and all loss, cost, damage, injury, liability, claims or cause of actions of every nature whatsoever incurred as a result of my participation in dance classes at the Wyckoff School of Dance, Inc. I hereby authorizes the Wyckoff School of Dance to record the aforementioned student's photo and to incorporate these photographs or motion pictures into our website at [www.wyckoffschooldance.com](http://www.wyckoffschooldance.com) and or / in print for purposes of publicity, advertising and sales promotion.

**Signature** \_\_\_\_\_

*Revised 7/29/10*